

Fut Gar (Buddhist Fist) Kung-Fu and Traditional Yang Style Tai Chi

MEMBERSHIP CONDITIONS

Attendance: Regular attendance is needed to gain full benefit from learning. Please advise if you are likely to be away from training for two consecutive weeks or more.

Age: Kung-Fu and Tai Chi is suited to men, women, boys and girls and our minimum age requirement is 'currently' 12yrs+, where adult supervision is not required.

Duration: The club operates for most of the year, except between mid-Dec and late Feb.

Clothing: You can start off with track pants, t-shirt/loose top and sand shoes and when you're ready, you can purchase a uniform/costume and shoes.

Guests: Feel free to invite friends and family to watch or as potential members. You will be expected to vouch for anyone's character and behaviour that you introduce to the club.

Safety and Hygiene: For your own and others safety, please remove all jewellery and keep finger and toenails short. A high standard of personal hygiene is expected at all times.

Illness: Please stay home if you have a cold or flu-like symptoms or are feeling unwell.

Teaching Philosophy: Teaching is delivered along traditional lines, where the focus is not on how much you learn (quantity), but rather, on how well you understand and can demonstrate what you have learnt (quality). This means the goal is to internalise what you learn, so that it is 'learning for life' and therefore more meaningful. The pace at which a student progresses will greatly depend on their ability to demonstrate these attributes.

Attitude: The club is structured very much like a family system, in so far as supporting, respecting, trusting and caring for one another. If you have an issue with anything or anyone, then an adult, collegial and professional approach to resolve it, is appreciated.

Conduct: The club enjoys a friendly and positive atmosphere. Maintaining it is up to each of us. You will be asked to leave, without reimbursement of fees, if you arrive under the influence of alcohol or drugs or display inappropriate or offensive behaviour or language.

Class Fees: Class fees are to be paid by online banking, weekly or fortnightly, unless other arrangements are made. Fees are not refundable or transferable if you are not able to attend class for whatever reason, as the venue hire still needs to be paid. Fees can be put on hold for periods of extended absence of 3 weeks or more, were notified in advance.

Liability: The Club and its Instructor/s assume no liability or responsibility for any and all damages, injuries, or losses that you, or any guests you invite, may sustain or incur while attending or participating in Kung-Fu or Tai Chi sessions. Neither does the Club and its Instructor/s assume any liability or responsibility for any and all damage caused to the training venue, whether wilful or accidental, that may occur during a class, that can reasonably be attributed to an action taken by you, or any guest you may invite. You agree to fully compensate the venue owner for any such damages to the venue.

Information/Enquiries: Phone or text Glen Keith on mobile (021) 2830927 or email glen.keith@outlook.com www.futgar.org.nz